

# It's time to schedule your yearly biometric screening.



## How to earn a \$150 wellness credit toward your 2026 medical plan:

Complete your biometric screening at any Butler Advantage Health & Wellness Center between **1/1/2025 - 10/31/2025**.



### Why do I need a biometric screening?

It is a preventive step you can take to better understand your health. Your results can also give your care team the opportunity to determine the right care for your needs.



### How do I check my incentive status?

You can review your incentive status within My Premise Health. Once signed in, simply click on the "Sonic Boom Wellness" icon. Under "Currencies", you can check your progress.

### Who can use these services?

Biometric screenings are free to employees and their spouses enrolled in the Butler Health Plan.

## Schedule your appointment to get started.

Download the My Premise Health app or visit [mypremisehealth.com](https://mypremisehealth.com). Sign in or click "Sign up now" to create your account. Once logged in, click "Schedule an Appointment" and select "Biometric Screening Visit."

### Schedule and complete your biometric screening at one of the following locations:

Hamilton: (513) 896-2398

Beavercreek: (937) 458-2588

Sharonville: (513) 612-5498

### Please note:

Authorization is required to share your wellness incentive information with your employer. Remember to drink plenty of water and consume no other beverages or food for at least 10 hours before your biometric screening.

